



ANDREA ALMIRANTE ROHM  
FISIOTERAPIA

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
8:15-9:15		PILATES			PILATES
9:00-10:00					
9:15-10:15		PILATES		PILATES	PILATES
9:30-10:30		YOGA (Sala 2)		YOGA (Sala 2)	
10:00-11:00	PILATES		PILATES		
10:15-11:15					
10:30-11:30		PILATES MAYORES  PRENATAL (Sala 2)		PILATES MAYORES  PRENATAL (Sala 2)	HIPOPRES.
11:00-12:00					
11:15-12:15					
11:30-12:30		POSTNATAL (Sala 2)		POSTNATAL (Sala 2)	
12:00-13:00					
12:15-13:15					
12:30-13:30		POSTNATAL (Sala 2)		POSTNATAL (Sala 2)	
13:00-14:00					
13:30-14:30					

14:00-15:00					
14:15-15:15		<b>PILATES</b> <b>HIPOPRES.</b> (Sala 2)			
14:30-15:30					<b>HIPOPRES.</b>
15:00-16:00					
15:30-16:30	<b>PILATES</b>	<b>PILATES</b> <b>YOGA</b> (Sala 2)	<b>PILATES</b>	<b>PILATES</b>	
16:30-17:30					
17:00-18:00	<b>PILATES</b>	<b>PILATES</b>	<b>HIPOPRES.</b>	<b>PILATES</b>	<b>PILATES</b>
17:30-18:30					
18:00-19:00	<b>PILATES</b> <b>POSTNATAL</b> (Sala 2)	<b>PILATES</b> <b>PILATES</b> (Sala 2)		<b>PILATES</b> <b>PILATES</b> (Sala 2)	<b>PILATES</b>
18:30-19:30					
19:00-20:00	<b>PILATES</b> <b>PRENATAL</b> (Sala 2)	<b>PILATES</b> <b>PILATES</b> (Sala 2)	<b>HIPOPRES.</b>	<b>PILATES</b> <b>PILATES</b> (Sala 2)	<b>PILATES</b>
19:30-20:30					
20:00-21:00	<b>PILATES</b> <b>PILATES</b> (Sala 2)	<b>PILATES</b> <b>YOGA</b> (Sala 2)	<b>PILATES</b> <b>PRENATAL</b> (Sala 2)	<b>PILATES</b>	<b>PILATES</b>